

## Access to Mental Health Services in the Upper Peninsula

NorthCare Access Staff will help identify consumer needs and coordinate efficient entry into the mental health system.

Our goal is to be available, accessible, and welcoming to all residents of the Upper Peninsula (UP). NorthCare will employ a sufficient number of qualified staff to meet the access demands and operate with a no-wrong-door philosophy. We will help find the right resources for each caller.



*Here are the numbers to call by county for crisis or emergency services.*

**Alger:** 906-387-3611 / 1-888-728-4929

**Baraga:** 906-524-5885 / 1-800-526-5059

**Chippewa:** 906-632-2805 / 1-800-839-9443

**Delta:** 906-786-6441 / 1-888-728-4929

**Dickinson:** 906-774-0522 / 1-800-750-0522

**Gogebic:** 906-229-6120 / 1-800-348-0032

**Houghton:** 906-482-9404 / 1-800-526-5059

**Iron:** 906-265-5126 / 1-800-750-0522

**Keweenaw:** 337-5810 / 1-800-526-5059

**Luce:** 906-293-3284 / 1-888-728-4929

**Mackinac:** 906-643-8616 / 1-800-839-9443

**Marquette:** 906-225-1181 / 1-888-728-4929

**Menominee:** 906-863-7841 / 1-800-750-0522

**Ontonagon:** 906-884-4804 / 1-800-526-5059

**Schoolcraft:** 906-341-2144 / 1-800-839-9443

**REMEMBER—EMERGENCY SERVICES ARE ALWAYS AVAILABLE FOR EVERYONE, 24 HOURS A DAY, SEVEN DAYS A WEEK.**

[www.northcarenetwork.org](http://www.northcarenetwork.org)

This brochure is funded in part by NorthCare Network and the Michigan Department of Health and Human Services. Reviewed 4.8.2021



**NorthCare Network**

## Access to Mental Health Services in the Upper Peninsula

**Call NorthCare Network**

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1-888-906-9060 or  
906-225-4433

Fax: 906-232-1071

Emergency Mental Health Services are available 24 hours a day, seven days a week for anyone.



## How Do Individuals Access Mental Health Services in the UP?

The public mental health system assures access to mental health services as quickly and accurately as possible. Screenings for services are completed over the telephone and may take up to 30 minutes. Callers are welcomed and screened by a master's level mental health professional. If callers are in crisis, they are immediately transferred to a crisis worker.



To access mental health services, simply call NorthCare Access at 906-225-4433 or 1-888-906-9060 during normal business hours, Monday–Friday, 8 a.m. to 5 p.m. Eastern time.

## What Happens When Services Are Requested?

When a person calls for services, a clinician will talk about the individual's concerns. If mental health symptoms meet the criteria for a serious mental illness (adults), serious emotional disturbance (children) or an intellectual/developmental disability (children and adults), an appointment will be scheduled for an initial assessment. For those with Michigan's Medicaid, the assessment will take place at the local community mental health office.

Otherwise, based on your concerns and your benefits, we will provide you with alternative resources.

Relatives, friends, physicians, people needing information, and others are encouraged to call if they have questions about access to the mental health system. Trained clinicians will discuss options based on the information provided.

## What Are the Criteria for Specialty Mental Health Services?

This is a complicated question and it is best determined by a clinician.

If people are having difficulty functioning in daily life, secondary to mental health symptoms, then it would be appropriate to call for a screening. We can help find the right provider.



**Our goal is to empower people to make informed choices about service provisions.**

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